



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Family Group 9-11:30 am	Drop-in 9:30 – 12 pm
			Learn Carrier Language	Gardening Club 1-2:30pm
			1-3pm	
5	6	7	8	9
HADIH HOUSE CLOSED	Family Group 9-11:30 am	Family Group 9-11:30 am	Family Group 9-11:30 am	Drop-in 9:30 – 12 pm
FOR BC DAY	Women's Wellness 12:30-	Learn Carrier Language	Wellbriety 12:30-2pm	Gardening Club 1-2:30pm
	2pm	1-3pm		
12	13	14	15	16
Drop-in 9:30-12 pm	Family Group 9-11:30 am	Family Group 9-12 pm	Family Group 9-12 pm	Drop-in 9:30 – 12 pm
Foodbank Outreach 1-3pm (must book in advance)	Women's Wellness 12:30- 2pm	Family Unity 2-4pm	Healing Circle 12:30-2pm	Gardening Club 1-2:30pm
19	20	21	22	23
Drop-in 9:30-12 pm	Family Group 9-11:30 am	Hadih House Drop-in	Family Group 9-12 pm	Drop-in 9:30-12 pm
Foodbank Outreach 1-3pm	Women's Wellness 12:30-	Closed	Food Box Order Forms	Food Box Pick-up 1:30-
(must book in advance)	2pm		Due before 12 today	3pm
26	27	28	29	30
Drop-in 9:30-12 pm	Family Group 9-11:30 am	Family Group 9-12 pm		
Foodbank Outreach 1-3pm	Women's Wellness 12:30-	Family Unity 2-4pm		
(must book in advance)	2pm			

Drop-in available Monday and Friday Mornings. Light breakfast served on these days from 9:30-10:30am

Hadih House is closed on Saturday, Sundays and all statutory holidays. Hours of operation varies and is based on programming

Programming and schedule subject to change

*Family Unity Dinner and **Food bank outreach requires participants to sign up at Hadih House, the morning of each program before noon. Both programs have limited number of seats Please contact Hadih House @ 250 563 7976, for more information. Some programs brought to you in partnership



with Carrier Sekani Family Services

Some programs supported by Parent Support Services